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Manitoba ASCD Presents



Dr. Robert Brooks, Ph. D.

***The Power of Mindsets:
Nurturing Motivation, Learning, and
Resilience in Students***

**Tuesday, October 12, 2010
9:00 am - 3:30 pm**

**Canad Inns Polo Park
1405 St. Matthews Avenue, Winnipeg, Manitoba**

In this workshop Dr. Brooks will discuss the mindset of educators who touch both the hearts and minds of students, especially those displaying learning and behavioral problems. He will describe the basic features of this mindset, including:

- the lifelong impact that educators have on the resilience of students
- the importance of empathy in understanding and responding effectively to students
- the significance of a strength-based approach in which each student's "islands of competence" are identified and reinforced
- the main components of motivation
- practical & realistic strategies for nurturing motivation, self-discipline, and resilience in all students.

Dr. Brooks has lectured nationally and internationally to great acclaim and written extensively about many topics including resilience, motivation, self-discipline, school climate, effective leaders, and balancing our personal and professional lives. He is on the faculty of Harvard Medical School and has served as Director of Psychology at McLean Hospital, a private psychiatric hospital. His first position at McLean was as principal of the school in the locked door unit of the Child and Adolescent program. He is the author or co-author of 14 books including, *The Self-Esteem Teacher*, *Raising Resilient Children*; *Raising a Self-Disciplined Child*; *The Power of Resilience: Achieving Balance, Confidence, and Personal Strength in Your Life*; and *Understanding and Managing Children's Classroom Behavior: Creating Sustainable, Resilient Classrooms*.

This session is for you if you are interested, or want to be, a charismatic adult in the life of a child.

For more information about our facilitator, visit: <http://www.drrobertbrooks.com/index.html>

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